



HERE FOR GOOD

2023 ANNUAL CAMPAIGN

GOOD FOR YOU.

We are the place to be healthy and make meaningful connections. Our fitness facilities provide a place to build and foster friendships, reclaim healthy habits, overcome challenges, set new goals, and become the best version of yourself.

GOOD FOR KIDS.

We are a positive place for kids and teens to discover who they are and what they can achieve. We are a place where they can learn, grow, play and succeed, all while being cared for by positive role models in a safe environment.

GOOD FOR COMMUNITIES.

Our purpose is to strengthen communities. Through the Y's services and programs our communities can find resources to thrive. We have the presence to deliver positive change.

GOOD FOR ALL.

Our programs are open to everyone. No matter a person's circumstances, background, age, race, economic status, income, abilities, etc.; they are welcome.

GIVING AMOUNTS

Your support makes it possible to keep our promise of making YMCA programs and services available to all. While each gift may have their own amount, all donations are unrestricted. This allows us to spread the good.



\$4,600

supports 34 adults with disabilities to attend the **New Horizons** Program and learn social skills, be out in the community with their peers, and receive the care and support of our staff.



\$680

will allow a child to make friends, learn new skills, and develop self-confidence during a week of **overnight camp**.



\$300

provides 4-6 weeks of **swim lessons** to 3 youth. Lessons are important. Drowning is the second leading cause of accidental death for children in the United States.



\$825

provides 15 seniors 2 months of **balance and mobility class**. Belonging to the Y helps seniors keep active, prevents illness, and keeps them connected with others.



\$500

gives 5 preschoolers six weeks of **sports classes**. Participation in sports allows kids to make lasting friendships, develop communication skills, feel a sense of community and learn to respect others.



\$145

provides one week of **Youth Science Camp**. Camp scholarships give children in need a chance to unplug, get outside, and build skills and friendships that last a lifetime.

TESTIMONIALS

“Having our child attend the YMCA has been the best decision we have made for our child since he was in kindergarten. The YMCA has been a place where I know my child is in a safe environment. I am very grateful for all the leaders and the director. My child has an amazing attitude and great friends because of the great influence the YMCA has provided.”

—Child & Youth Development Family

“Going to the local YMCA has made a real difference in my attitude and general outlook. As a T12 paraplegic, I lost my motivation to work out during the coronavirus pandemic, before discovering that the YMCA was still open. The gym was doing outside activities at the time. I jumped right in and even started personal training. I have improved my overall health, gained core strength, and regained my confidence. It's honestly been life-changing.”

—YMCA Fitness Member

