

## **Alicia Diaz Bio**

I grew up in Mexico, and my great passion is creating opportunities for humans to flourish and discover their full potential. I help my members explore new possibilities, learn new perspectives and strengthen their relationships. My scope of work has been primarily in the non-profit world and in education working in the areas of at-risk youth, gang intervention, domestic violence, prison re-entry, post-secondary education, homeless, dislocated workers, and special needs.



I know that no single approach is the right one for every individual, and I have been trained in a range of modalities. My educational background includes a BA in Ethnic Studies and Behavioral Health.

Outside the office, I'm committed to education and exercise. I'm fluent in Spanish and am always looking to brush up my knowledge over coffee or lunch. If you challenge me to Friends or the Big Bang Theory trivia, I will win. I'm currently trying my hand at podcasting as well.