

TRIPLE P ONLINE

# Positive interactions, resilient children

**NOW FREE  
IN OC!**

## UNDERSTANDING YOUR CHILD'S BEHAVIOR AND NEEDS HELPS THEM NOW AND IN THE FUTURE

### What supports a child's emotional wellbeing?

What a child sees, hears and does every day all adds up. Positive interactions make a huge difference to their development and wellbeing. And that can have a far-reaching impact on their life. The right environment helps children develop the skills to succeed in life. This includes being able to make friends, share, be patient, stay calm, and set goals, and more.

### Positive interactions make the difference

A positive learning environment helps encourage children's capacity to cope. No matter what else is going on in life, every child's future can be positively influenced by parents and caregivers. It's a lot easier with a little extra know-how.

### The Triple P – Positive Parenting Program is a toolbox, not a rule-book. You choose and adapt what suits your child and your family, so you can:

- Strengthen your relationship as you teach your child new skills
- Support your child's social, emotional, and cognitive development
- Encourage positive behavior and cooperation
- Prevent tantrums & respond to problem behavior effectively, without yelling
- Balance work and family, look after yourself and enjoy being a parent

### SEE WHY IT'S THE COURSE FAMILIES ARE TALKING ABOUT!

Triple P gives families new ways to help children develop to be their best. It's backed by research and used all over the USA and in countries around the world. Now EVERY OC family is being given free access to this course (normally \$79.95!)



**TRY OUR ONLINE PARENTING CLASS – NOW FREE!**

**[www.triplep-parenting.com](http://www.triplep-parenting.com)**

Free Triple P for all OC families is funded by the Orange County Health Care Agency.

